



## Getting Tested for COVID-19 Video Transcript

Getting tested for COVID-19 helps protect you, your family, and friends and your community

You should get tested if you have symptoms or not

There are two types of tests: rapid tests and PCR tests

Both tests are a swab to the back of the nose and take less than one minute

You can get a rapid test if you are over 16, haven't traveled outside of Nova Scotia, don't have symptoms, haven't been to a potential exposure site or and haven't been in contact with someone who has tested positive.

You don't need an appointment for a rapid test and you get your results in about 15 minutes by text.

However, if you have COVID-19 symptoms, have traveled outside of Nova Scotia or at a potential exposure site, were in contact with someone who tested positive, or are younger than 16, you must get a PCR test, which you can book online or over the phone. Negative results are emailed to you in 1 to 3 days.

Public Health will contact you if you test positive. Even if you do not test positive, you need to follow public health instructions.

For the latest information on Nova Scotia's COVID-19 guidelines, please visit [www.novascotia.ca/coronavirus](http://www.novascotia.ca/coronavirus).